



**Marine Corp Community Services (MCCS)
Marine and Family Programs
Exceptional Family Member Program (EFMP)
Collection at MCCS Iwakuni Library**

Updated Mar, 2014

Who may borrow resources from the EFMP collection at the library?

MCAS Iwakuni Library Members may access the EFMP collection. There are multiple copies of some of the resources listed below.

To borrow from the EFMP collection located in the MCCS Iwakuni Library you need a library card. Registration is open to active duty, DOD civilians, JMSDF, MLC, IHA, retirees and their dependents. Items may be checked out using a library card issued at registration or your ID card. Borrowing period for all items is 3 weeks. Patrons are allowed one 3 week renewal per item. Each Account is allowed the following:

- Unlimited Books and Magazines
- A maximum of 10 CDs, Audio Books, DVDs

**MCCS Library is located in Bldg. 411 3rd Fl,
DSN: 253-3078**

E-mail: ombiwalibrary@usmc-mccs.org

Web: www.mccsiwakuni.com/marine-family-programs/library.

In addition, the EFMP lending library has a copy of many of these resources that enrolled EFMP families may borrow. Please contact **EFMP office on DSN 253-5601 or e-mail: ombiwaefmp@usmc-mccs.org**.

Allergies

Title: The inflammation syndrome: the complete nutritional program to prevent and reverse heart disease, arthritis, diabetes, allergies, and asthma / Jack Challen.

EFMP 616.0473 CHA

Title: Allergies : a nutritional approach / by Louise Tenney.

EFMP 616.97 TEN

Title: The peanut allergy answer book / Michael C. Young.

EFMP 616.97 YOU

Title: The kid-friendly food allergy cookbook: more than 150 recipes that are wheat-free, gluten-free, dairy-free, nut-free, egg-free, low in sugar / Leslie Hammond and Lynne Marie Rominger; foreword by Kevin A. Tracy.

EFMP 641.5 KID

Title: Allergies / Marie Borrel ; [English trans. by JMS Books].

EFMP 616.9706 BOR

ADHD

Title: The ritalin fact book: what your doctor won't tell you about ADHD and stimulant drugs / Peter R. Breggin.

EFMP 615.788 BRE

Title: The gift of ADHD activity book: 101 ways to turn your child's problems into strengths / Lara Honos-Webb.

EFMP 618.92 HON

Asthma

Title: Asthma / by Alissa Greenberg.

EFMP 616.2 GRE

Title: Sinus relief now: the groundbreaking 5-step program for sinus, allergy, and asthma sufferers / Jordan S. Josephson

EFMP 616.2 JOS

Autism

Title: Autism, advocates, and law enforcement professionals: recognizing and reducing risk situations for people with autism spectrum disorders / Dennis Debbaudt.

EFMP 346.013 DEB

Title: Ten things your student with autism wishes you knew / Ellen Notbohm with Veronica Zysk.

EFMP 371.94 TEN

Title: Autism life skills : from communication and safety to self-esteem and more--10 essential abilities every child needs and deserves to learn / Chantal Sicile-Kira.

EFMP 618.92 SIC

Title: The autism answer book / William Stillman.

EFMP 618.92 STI

Title: The verbal behavior approach : how to teach children with autism and related disorders / Mary Lynch Barbera, with Tracy Rasmussen ; foreword by Mark L. Sundberg.

EFMP 618.92 VER

Title: A child's journey out of autism : one family's story of living in hope and finding a cure / Leeann Whiffen.

EFMP 618.92 WHI

Title: 101 games and activities for children with autism, Asperger's, and sensory processing disorders / Tara

- Delaney.
- EFMP 618.928 DEL
Title: Empowered autism parenting : celebrating (and defending) your child's place in the world / William Stillman.
- EFMP 618.928 STI
Title: The autism social skills picture book : teaching communication, play and emotion / by Jed Baker.
- EFMP 618.9285 BAK
Title: The autism sourcebook : everything you need to know about diagnosis, treatment, coping, and healing / Karen Siff Exkorn.
- EFMP 618.9289 EXK
Title: 1001 great ideas for teaching and raising children with autism spectrum disorders / by Ellen Notbohm and Veronica Zysk.
- EFMP 618.9289 ONE
Title: Thinking in pictures : and other reports from my life with autism / Temple Grandin ; with a foreword by Oliver Sacks.
- EFMP 616.85 GRA
Title: Autism and the transition to adulthood : success beyond the classroom / by Paul Wehman, Marcia Datlow Smith, and Carol Schall.
- EFMP 618.92 NOT
Title: Ten things every child with autism wishes you knew / Ellen Notbohm.
- EFMP 618.92 OFF
Title: Autism's false prophets : bad science, risky medicine, and the search for a cure / Paul A. Offit.

Diabetes

- EFMP 616.4 AME
Title: American Diabetes Association complete guide to diabetes.
- EFMP 616.4 BAR
Title: Dr. Neal Barnard's program for reversing diabetes: the scientifically proven system for reversing diabetes without drugs / Neal D. Barnard ; with menus and recipes by Bryanna Clark Grogan.
- EFMP 616.4 BEC
Title: The first year--type 2 diabetes: an essential guide for the newly diagnosed / Gretchen Becker ; foreword by Allison B. Goldfine.
- EFMP 616.4 BER
Title: Dr. Bernstein's diabetes solution: the complete guide to achieving normal blood sugars / Richard K. Bernstein ; foreword by Frank Vinicor ; recipes by Karen A. Weinstock and Timothy J. Aubert.
- EFMP 616.4 DIA
Title: Diabetes 911: how to handle everyday emergencies / Larry A. Fox and Sandra L. Weber.
- EFMP 616.4 DIA
Title: Blood sugar 101: what they don't tell you about

diabetes / Jenny Ruhl.

EFMP 616.4 RUH
 Title: Living with juvenile diabetes: a practical guide for parents and caregivers / Victoria Peurrung.

EFMP 618.92 PEU
 Title: Diabetes and Heart Healthy Cookbook.

EFMP 641.5 DIA
 Title: Diabetes snacks, treats & easy eats for kids: 130 recipes for the foods kids really like to eat / Barbara Grunes, with Linda R. Yoakam.

EFMP 641.5 DIA
 Title: Diabetes snacks, treats & easy eats for kids: 130 recipes for the foods kids really like to eat / Barbara Grunes, with Linda R. Yoakam.

EFMP 641.5 DIA
 Title: Diabetes snacks, treats & easy eats for kids: 130 recipes for the foods kids really like to eat / Barbara Grunes, with Linda R. Yoakam.

EFMP 641.5 DIA
 Title: Diabetes & pregnancy: what to expect / [produced and written by members of the Task Force for the American Diabetes Association Council on Pregnancy].

EFMP 618.3 DIA

Case Management

EFMP 361.32 ROT
 Title: Case management: integrating individual and community practice / Jack Rothman, Jon Simon Sager.

EFMP 372.21 CAR
 Title: Caring for our children: national health and safety performance standards ; guidelines for early care and education programs.

EFMP 361.32 SUM
 Title: Fundamentals of case management practice: skills for the human services / Nancy Summers.

EFMP 618.92 PED
 Title: Pediatric life care planning and case management / edited by Susan Riddick-Grisham, Laura M. Deming.

EFMP 618.92 GUI
 Title: Guidelines for pediatric home health care / Section on Home Care, American Academy of Pediatrics.

EFMP 618.92 MAN
 Title: Managing chronic health needs in child care and schools: a quick reference guide / editors, Elaine A. Donoghue, Colleen A. Kraft.

EFMP 618.92 MAN
 Title: Families, professionals, and exceptionality: positive

outcomes through partnerships and trust / Ann Turnbull
... [et al.].

EFMP 649.15 FAM

Exceptional needs - miscellaneous

Title: The facts of life-- and more: sexuality and intimacy
for people with intellectual disabilities / edited by
Leslie Walker-Hirsch.

EFMP 306.7 WAL

Title: An introduction to young children with special needs:
birth through age eight / Richard M. Gargiulo,
Jennifer L. Kilgo.

EFMP 321 GAR

Title: Universal design for the home: great looking, great
living design for all ages, abilities, and
circumstances / Wendy A. Jordan.

EFMP 728.087 JOR

Down Syndrome

Title: Down syndrome: visions for the 21st century / edited
by William I. Cohen, Lynn Nadel, Myra E. Madnick.

EFMP 616.858 DOW

Title: Down syndrome: the facts / Mark Selikowitz.

EFMP 618.92 SEL

Individual Education Plans (IEPs)

Title: IEP and inclusion tips for parents and teachers / Anne
I. Eason, Kathleen Whitbread.

EFMP 371.9046 IEP

Title: All about IEPs: answers to frequently asked questions
about IEPs / Peter W.D. Wright, Pamela Darr Wright,
Sandra Webb O'Connor.

EFMP 371.904 WRI

Title: How to compromise with your school district without
compromising your child / Gary Mayerson.

EFMP 371.19 MAY

Title: Wrightslaw: special education law / Peter W. D.
Wright & Pamela Darr Wright.

EFMP 371.9 WRI

Parents/Caregivers

- Title: A balanced life: nine strategies for coping with the mental health problems of a loved one / Tom Smith.
EFMP 362.196 SMI
- Title: Chicken soup for the soul: children with special needs : stories of love and understanding for those who care for children with disabilities / [compiled by] Jack Canfield ... [et al.].
EFMP 362.408 CAN
- Title: Married with special-needs children: a couples' guide to keeping connected / Laura E. Marshak, Fran Pollock Prezant.
EFMP 646.78 MAR

Skills development

- Title: Ready-to-use social skills lessons & activities for grades 4-6 / Ruth Weltmann Begun, editor.
EFMP 302.14 REA
- Title: Social skills activities for special children / Darlene Mannix.
EFMP 371.9 MAN
- Title: Life skills activities for secondary students with special needs / Darlene Mannix.
- Title: Life skills activities for special children / Darlene Mannix.
EFMP 362.82 MAN
- Title: 104 activities that build: self-esteem, teamwork, communication, anger management, self-discovery, and coping skills / by Alanna Jones.
EFMP 372.1395 JON
- Title: A 5 is against the law! : social boundaries : straight up! : / Kari Dunn Baron.
EFMP 616.85 BUR
- Title: The social skills picture book for high school and beyond / Jed Baker.
EFMP 618.92 BAK
- Title: The ADHD workbook for parents: a guide for parents of children ages 2-12 with attention-deficit/hyperactivity disorder / Harvey C. Parker.
EFMP 649.154 PAR
- Title: Early intervention games: fun, joyful ways to develop social and motor skills in children with autism spectrum or sensory processing disorders / Barbara Sher; illustrations by Ralph Butler.
EFMP 649.154 SHE
- Title: Toilet training for individuals with autism or other developmental issues : a comprehensive guide for

parents & teachers / Maria Wheeler.

EFMP 649.62 WHE

DVDS

EFMP DVD 616.8589 ADH

Title: I'm Tyler [videorecording]: don't be surprised / ME & V.

Title: Dealing with ADHD [videorecording]: attention deficit/hyperactivity disorder / [produced, directed and edited by Ron Greene].

EFMP DVD 305.908 IMT

Title: Surviving due process [videorecording] : when parents and the school board disagree : Stephen Jeffers v. School Board / presented by Legal Advocacy Center/Virginia Coalition for Students with Disabilities, Harbor House Law Press, Inc., Reed Smith LLP.

EFMP DVD 344.73 SUR

Title: Autism and me [videorecording] / producer/director, Rory Hoy.

EFMP DVD 616.85 AUT

Title: Being bullied [videorecording]: strategies & solutions for children with Asperger's / Nick Dubin ; produced by Nick Dubin, Larry Dubin.

EFMP DVD 616.8588 BEI

Title: Autism is a world [videorecording] / CNN ; State of the Art, Inc.

EFMP DVD 616.85882 AUT

Title: ADHD [videorecording] : what do we know?.

EFMP DVD 616.8589 ADH

Title: Medication for ADHD [videorecording] : yes or no? : a practical guide / Thomas W. Phelan and Jonathan Bloomberg.

EFMP DVD 616.8589 MED

Title: Medication for ADHD [videorecording] : yes or no? : a practical guide / Thomas W. Phelan and Jonathan Bloomberg.

EFMP DVD 616.8589 MED

Title: The autistic ABA therapist [videorecording] : an interview with Kelly Londenberg / a documentary by Schwan Park in association with E.K. Usui Lee Productions, Inc. [and] in association with the Janice Wakefield Foundation; Sang Hyun Lee, producer; written by Travis Wakefield and Schwan Park.

EFMP DVD 616.8982 AUT

Title: Diagnosis: Autism [videorecording] / CBS Broadcasting Inc. ; produced by Karen M. Sughrue.

EFMP DVD 616.8982 DIA

Title: Normal people scare me [videorecording] / the Autism Perspective presents; produced by Joey Travolta;

directed by Taylor Cross & Keri Bowers ; Big Blue Moon Productions.

EFMP DVD 616.8982 NOR

Title: Through the eyes of autism [videorecording] / a film by Erica Jean.

EFMP DVD 616.8982 THR

Title: Down syndrome [videorecording]: the first 18 months / Blueberry Shoes Productions LLC presents; written, produced and directed by Will Schermerhorn.

EFMP DVD 618.85 DOW

Title: Aut-erobics. Autism movement therapy [videorecording] / produced & directed by Chris Sanborn.

EFMP DVD 618.9285 AUT

Title: Autism yesterday [videorecording] : autism is reversible / AWOW presents a Generation Rescue film ; directed by Pasquale R. Notaro III ; executive producers, Lisa and J.B. Handley.

EFMP DVD 618.9289 AUT

Title: Kibbles rockin' clubhouse. Vol. 1, Expressing yourself [videorecording] / a presentation of NoteAbilities, Inc. in association with Eugene Scott Productions, Inc ; writers, Scott Eugene Leslie, Ann Leslie, Tina Dee ; producer/director, Scott Eugene Leslie.

EFMP DVD 649 KID

Title: OT for children with autism, special needs and typical [videorecording] / Britt Collins.

EFMP DVD 649 OTF

Title: Arts [videorecording] / Normal Films presents ; a Keri Bowers film; produced and directed by Keri Bowers ; co-producer, Brad Geiszler.

EFMP DVD 700.87 ART

Title: Putting on the Brakes activity book for kids with ADD or ADHD / by Patricia O. Quinn and Judith M. Stern ; illustrated by Joe Lee.

Title: ADHD, what can we do? [videorecording] / Kevin Dawkins Productions; Guilford Publications ; Kevin Dawkins, producer/writer; Russell Barker, program development.

For children

EFMP C BAN

Title: When my worries get too big! : a relaxation book for children who live with anxiety / written and illustrated by Kari Dunn Buron ; foreword by Brenda Smith Myles.

EFMP C BUR

Title: Arnie and the new kid / Nancy Carlson.

EFMP C CAR

Title: Today I feel silly & other moods that make my day / by Jamie Lee Curtis ; illustrated by Laura Cornell.

EFMP C CUR

Title: Just because / Rebecca Elliott.

EFMP C ELL

Title: A walk in the rain with a brain / Edward M. Hallowell ; illustrations by Bill Mayer.

EFMP C HAL Title: In Jesse's shoes : appreciating kids with special needs / Beverly Lewis ; illustrated by Laura Nikiel.

EFMP C LEW Title: The pirate of kindergarten / by George Ella Lyon ; illustrated by Lynne Avril.

EFMP C LYO Title: My friend has Down syndrome / text, Jennifer Moore-Mallinos ; illustrations, Marta F*abrega.

EFMP C MOO Title: My brother is autistic / text, Jennifer Moore-Mallinos ; illustrations, Marta F*abrega.

EFMP C MOO Title: My buddy / Audrey Osofsky ; illustrated by Ted Rand.

EFMP C OSO Title: It's okay to be different / Todd Parr.

EFMP C PAR Title: My brother Charlie / written by Holly Robinson Peete and Ryan Elizabeth Peete with Denene Millner ; pictures by Shane W. Evans.

EFMP C PEE Title: Since we're friends / Celeste Shally ; illustrated by David Harrington.

EFMP C SHA Title: We'll paint the octopus red / Stephanie Stuve-Bodeen; illustrations by Pam DeVito.

EFMP C STU Title: Don't call me special: a first look at disability / Pat Thomas; illustrated by Lesley Harker.

EFMP C THO Title: Dad, Jackie, and me / Myron Uhlberg ; illustrated by Colin Bootman.

EFMP C UHL Title: Susan laughs / Jeanne Willis ; illustrated by Tony Ross.

EFMP C WIL Title: My friend Isabelle / Eliza Woloson ; illustrated by Bryan Gough.

Title: When Sophie gets angry-- really, really angry-- / by Molly Bang.

Books for youth/teens

EFMP YA 371.93 PUT Title: Putting on the Brakes activity book for kids with ADD or ADHD / by Patricia O. Quinn and Judith M. Stern ; illustrated by Joe Lee.

EFMP YA 371.93 PUT Title: Putting on the Brakes activity book for kids with ADD or ADHD / by Patricia O. Quinn and Judith M. Stern ; illustrated by Joe Lee.

EFMP YA 371.93 PUT Title: How rude! : the teenagers' guide to good manners, proper behavior, and not grossing people out / by Alex J. Packer ; edited by Pamela Espeland ; illustrated by

Jeff Tolbert.

EFMP YA 395.123 HOW

Title: My sister Rose has diabetes / written by Monica Driscoll Beatty ; illustrated by Kathy Parkinson.

EFMP YA 616.4 BEA

Title: Even superheroes get diabetes / by Sue Ganz-Schmitt ; illustrated by Micah Chambers-Goldberg.

EFMP YA 616.4 GAN

Title: Even little kids get diabetes / Connie White Pirner ; pictures by Nadine Bernard Westcott.

EFMP YA 616.4 PIR

Title: Everybody is different : a book for young people who have brothers or sisters with autism / written and illustrated by Fiona Bleach.

EFMP YA 616.8588 BLE

Title: My friend with autism / written by Beverly Bishop ; illustrated by Craig Bishop.

EFMP YA 616.85882 BIS

Title: The autism acceptance book : being a friend to someone with autism / by Ellen Sabin.

EFMP YA 616.85882 SAB

Title: Allergies / Alvin Silverstein, Virginia Silverstein, and Laura Silverstein Nunn.

EFMP YA 616.97 SIL

Title: Different like me : my book of autism heroes / Jennifer Elder ; illustrated by Marc Thomas and Jennifer Elder.

EFMP YA 618.92 ELD

Title: Asthma / by Sharon Gordon.

EFMP YA 618.92 GOR

Title: Cory stories: a kid's book about living with ADHD / by Jeanne Kraus ; illustrated by Whitney Martin.

EFMP YA 618.92 KRA

Title: Learning to slow down and pay attention : a book for kids about ADHD / written by Kathleen G. Nadeau and Ellen B. Dixon ; illustrated by Charles Beyl.

EFMP YA 618.92 LEA

Title: I have asthma / text, Jennifer Moore-Mallinos ; illustrations, Rosa M. Curto.

EFMP YA 618.92 MOO

Title: Social skills for teenagers and adults with Asperger syndrome : a practical guide to day-to-day life / Nancy J. Patrick.

EFMP YA 618.92 PAT

Title: Sensory smarts : a book for kids with ADHD or autism spectrum disorders struggling with sensory integration problems / Kathleen A. Chara and Paul J. Chara, Jr ; with Christian P. Chara ; illustrated by J.M. Berns.

EFMP YA 618.92 SEN

Title: Autism and me : sibling stories / Ouisie Shapiro ; photographs by Steven Vote.

EFMP YA 618.92 SHA

Title: The social success workbook for teens: skill-building activities for teens with nonverbal learning disorder, Asperger's disorder & other social-skill problems / Barbara Cooper and Nancy Widdows.

EFMP YA 618.92 SOC

Title: Sometimes I drive my mom crazy, but I know she's crazy about me : a self-esteem book for ADHD children / by Lawrence E. Shapiro ; illustrated by Timothy Parrotte,

EFMP YA 618.928 SOM

Title: Waiting for no one / Beverley Brenna.

EFMP YA F BRENNAN, B

Title: The London Eye mystery / Siobhan Dowd.

EFMP YA F DOWD, S

Title: Mockingbird (Mok'ing-b*urd) / Kathryn Erskine.

EFMP YA F ERSKINE, K

Title: Jerk, California / by Jonathan Friesen.

EFMP YA F FRIESEN, J

Title: Willowood / by Cecilia Galante.

EFMP YA F GALANTE, C

Title: Five flavors of Dumb / Antony John.

EFMP YA F JOHN, A

Title: A mango-shaped space : a novel / by Wendy Mass.

EFMP YA F MASS, W

Title: Freak the Mighty / Rodman Philbrick.

EFMP YA F PHILBRICK, R

Title: Drums, girls, & dangerous pie / Jordan Sonnenblick.

EFMP YA F SONNENBLICK, J

Title: The man who loved clowns / June Rae Wood.

EFMP YA F WOOD, J

Journals

Autism Aspergers Digest	6 issues per year	Print Only
Austism File	6 issues per year	Print Only
Autism Spectrum Quarterly	4 issues per year	Print Only
Exceptional Parent	12 issues per year	Online
Focus on Autism and Other Developmental Disabilities Online	4 issues per year	Print + Online
Intellectual and Developmental Disabilities	6 issues a year	Print + Online
Teaching Exceptional Children	6 issues per year	Print