



## Frequently Asked Questions about MCCS Iwakuni Youth Sports

### **What sports programs do you offer?**

The Semper Fit Youth Sports program offers five sports throughout the year. In the spring we hold a co-ed baseball season, in the late summer we hold a co-ed soccer season and in the winter, we hold a co-ed flag football & cheerleading season and then a co-ed basketball & cheerleading season.

### **How old does my child have to be to participate in your program?**

Our program allows participants to register for sports from ages 3-15 years old. Our Start Smart program is available for ages 3-4 years old in basketball, baseball, and soccer. Flag Football and cheerleading are the only sports that do not have an ages 3-4 year old group. The Start Smart program for football is offered to the ages 5-6 years old. Cheerleading is offered to ages 5-15 years old.

### **What are the age divisions for each sport?**

All sports, with the exception of flag football and cheerleading offer an ages 3-4 year old program called "Start Smart".

The age groups include:

3-4 (Basketball, Baseball, Soccer)

5-6 (Basketball, Baseball, Soccer, Flag Football, Cheerleading)

7-9 (Basketball, Baseball, Soccer, Flag Football)

10-12 (Basketball, Baseball, Soccer, Flag Football)

13-15 (Basketball, Baseball, Soccer, Flag Football)

5-15 (Cheerleading)

### **How do I register?**

Registration for all sports can be completed at the IronWorks Gym front desk. An online registration form can also be found at [www.mccsiwakuni.com/semper-fit/athletics/youth-sports.aspx](http://www.mccsiwakuni.com/semper-fit/athletics/youth-sports.aspx). Once the registration form for the upcoming sport is complete, please bring it to the IronWorks Gym front desk

with a method of payment (cash, check or credit card). Payments must be made at the IronWorks Gym front desk by the close of business on the final day of registration or else a \$5 late registration fee will be added.

### **What are the fees to participate?**

The registration fee for all sports is \$40 for the first child and \$35 for each additional child. This fee includes the participant's uniform, end-of-season trophy, and closing ceremony pizza party. Each season has a registration deadline and after the registration deadline each child's registration fee is \$45.

### **What if I missed registration?**

After the last day of registration, registration is late. The late registration fee is \$45 per child. If all teams are full for a particular age group, a waiting list will be created. Children will be placed from the waiting list onto teams if spaces become available. Special requests (i.e. practice times and specific coaches may not be guaranteed).

Parents and coaches may not place a child on any team without permission from the Semper Fit Youth Sports program. If a child is placed onto a team without program consent, he/she will be removed from the team and placed at the bottom of the waiting list. If an unregistered child plays in any game, that team will forfeit any points scored in that game and will take an automatic loss.

A parent with a child on the waiting list may volunteer to become the team's Head Coach (if there is not one already assigned). In these situations, the program will automatically place the volunteer's child onto the team he/she is coaching.

### **When and where are practices held?**

Practices are generally held twice per week with the first practice slot going from 1700-1800, the second practice slot going from 1800-1900 and the last practice slot going from 1900-2000.

Practices for basketball are held at the IronWorks Gym Sports Courts; Baseball practices are held at Penny Lake Field #1 & #2 for all ages except 10-12, ages 10-12 baseball practice is held at Monzen Field; Soccer practices are held at Penny Lake Main Field, Penny Lake Field #1 & #2; Flag football practices are held at Penny Lake Main Field, Penny Lake Field #1 & #2.

### **What will my child need for the season?**

Once you have registered your child and paid the \$40 registration fee, you will need to provide the following items:

**Basketball:** Practice clothing, appropriate footwear, and strap for eyeglasses (if worn).

**Baseball:** Practice clothing, appropriate footwear (non-metal cleats or sneakers), strap for eyeglasses (if worn), baseball glove, and protective cup (for male catchers).

**Soccer:** Practice clothing, appropriate footwear (soccer cleats or sneakers), shin-guards, and strap for eyeglasses (if worn).

**Flag Football:** Practice clothing, appropriate footwear (soccer cleats or sneakers), and strap for eyeglasses (if worn).

**Cheerleading:** Practice clothing, hair up and out of the face, and appropriate footwear.

**Optional Items:** Your child's coach may request optional items such as undershirts, extra balls, baseball bats, hair bows (for cheerleading), etc. Teams may also opt to have team photos, snack schedules and other fun activities however, these items and activities are **not** mandatory for families to participate in.